





### A CASE REPORT OF DELAYED HEMOPERICARDIUM AFTER BLUNT CHEST AND ABDOMINAL TRAUMA

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#### Delayed traumatic hemopericardium is a rare phenomenon that appears a day or weeks after injury

- In recent years, there are only 22 cases of delayed hemopericardium after non-penetrating trauma described worldwide (PubMed)
- Most cases result from penetrating injury rather than blunt trauma
- Life threatening and time-critical emergency that requires early recognition and prompt management often alongside other resuscitative considerations





This case report aims to:

- 1. To present a case of delayed hemopericardium in blunt trauma
- 2. To present the use of cardiac point-of-care ultrasound as an adjunct in detecting hemopericardium

3. To discuss the approach of management in patients with delayed hemopericardium





### **PATIENT'S PROFILE**









### **CHIEF COMPLAINT**

# **DYSPNEA**



### **PRIMARY SURVEY**

AIRWAY	Patent, able to speak in sentences	
BREATHING	With spontaneous breathing, equal chest expansio decreased breath sound bibasal	
CIRCULATION	CRT <2seconds, full pulses, (+)distant heart sound, (+) neck vein engorgement, no murmurs, no pericardial rub	
DISABILITY	alert, isocoric pupils, no lateralization, CBG 143mg/dl	
EXPOSURE	No bipedal edema, no deformities	





### **VITAL SIGNS**

O2 SAT	97% at room air
BP	110/60 mmHg
HEART RATE	81 BPM
RESPIRATORY RATE	21 CPM
TEMPERATURE	36.1 C



## PRIMARY SURVEY

SIGNS/SYMPTOMS	Occassional cough, orthopnea, dyspnea, no fever, no chest pain	
ALLERGIES	NONE	
MEDICATIONS	NONE	
PAST MEDICAL	Non hypertensive Non diabetic Non asthmatic With previous hospitalization 1 month prior due to motorcycle accident, S/P bilateral CTT	
LAST MEAL	6PM	
EVENTS	Discussed in the history	





AIRWAY	Patent, able to speak in sentences	Hooked to supplemental O2 via	
BREATHING	With spontaneous breathing, equal chest expansion, decreased breath sound bibasal, O2 SAT – 97%	nasal cannula at 4LPM	
CIRCULATION	CRT <2seconds, full pulses, distant heart sound, (+) neck vein engorgement, no murmurs, no pericardial rub	Hooked to cardiac monitor with pulse oximeter – low voltage Insert heplock	
DISABILITY	alert, isocoric pupils, no lateralization, CBG 143mg/dl		
EXPOSURE	No bipedal edema, no deformities		



### **HISTORY OF PRESENT ILLNESS**

#### <mark>~1 MONTH</mark>





### **HISTORY OF PRESENT ILLNESS**



ACLAIRED CONTRACTOR OF CONTRAC



# **PERICARDIAL EFFUSION**



#### **SALIENT FEATURES**

- DYSPNEA
- OCCASIONAL COUGH
- ORTHOPNEA
- DISTANT HEART SOUND
- DISTENDED NECK VEIN
- HISTORY OF BLUNT CHEST AND ABDOMINAL TRAUMA
- S/P CTT

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#### DIFFERENTIAL DIAGNOSES

- PERICARDIAL EFFUSION
- CONGESTIVE HEART FAILURE
- PULMONARY EMBOLISM
- PERICARDITIS
- TENSION PNEUMOTHORAX
- CARDIAC TAMPONADE

### **POINT OF CARE ULTRASOUND**





### **12 LEAD ECG**







### HEMOPERICARDIUM

- slow or rapid pericardial accumulation of fluid with subsequent compression of the chambers of the heart, severely depressing both venous return and cardiac output which results in shock and death
- CAUSES
  - ➤ Idiopathic
  - Infectious
  - ➤ immune-inflammatory
  - neoplastic disease
  - post-cardiac surgery
  - ➤ renal failure
  - Trauma





### **CARDIAC TAMPONADE**

#### • CAUSES

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Infectious
neoplastie disease
Trauma

	sugar	1
	protein	3617.18
	volume	20
-		bloody
-	color	red
	clarity	cloudy
	cell count	640 ul
	pmn	90%
	lymphocyte	10%
	predominating cells	pmn
	rbc	>10,000



Gram stain: No organism

### **DELAYED HEMOPERICARDIUM**

- Occurs weeks to months after injury
- Penetrating (80-90%) than blunt trauma (10%)
- PATHOPHYSIOLOGY: UNCLEAR
  - displacement of a thrombus that temporarily seals the cardiac perforation
  - torn adhesions formed at the time of the injury.
  - unrecognized cardiac injury
  - diaphragmatic laceration
  - > direct transmission of retroperitoneal blood into the pericardial space
  - post-myocardial infarction pericarditis involving an autoimmune reaction owing to antibody formation specific to blood products or exposed pericardial or myocardial antigens



### **DELAYED CARDIAC TAMPONADE**

- SIGNS AND SYMPTOMS
  - > Beck's triad (distended neck vein, muffled heart sound, and hypotension)
  - Dyspnea
  - chest discomfort
  - ➤ peripheral edema
  - ➤ Fatigue
  - ➤ tiredness



### **DELAYED HEMOPERICARDIUM**

- DIAGNOSIS: HIGH INDEX OF SUSPICION AND HISTORY
- PATHOPHYSIOLOGY: UNCLEAR
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### **DELAYED HEMOPERICARDIUM**

- DIAGNOSIS: HIGH INDEX OF SUSPICION AND HISTORY
- DIAGNOSTICS
  - Point-of-Care Ultrasound
  - Echocardiogram
  - Chest Xray
  - Electrocardiogram
- TREATMENT: SURGICAL
  - pericardiocentesis with catheter drainage
  - subxiphoid tube pericardiostomy
  - subxiphoid or anterior thoracotomy with pericardiopleural window opening



- •Delayed hemopericardium can occur as a consequence of blunt trauma
- •High index of suspicion and thorough history is necessary
- •To educate patient's on the importance of follow-up check ups
- •Use of Point-of –Care Ultrasound is helpful
- •Multidisciplinary approach is crucial in achieving successful outcome
- Our Goal: As EP, our utmost responsibility is to further broaden our knowledge on how to best handle these cases





# THANK YOU!

